



The Catholic Parish of Pittwater

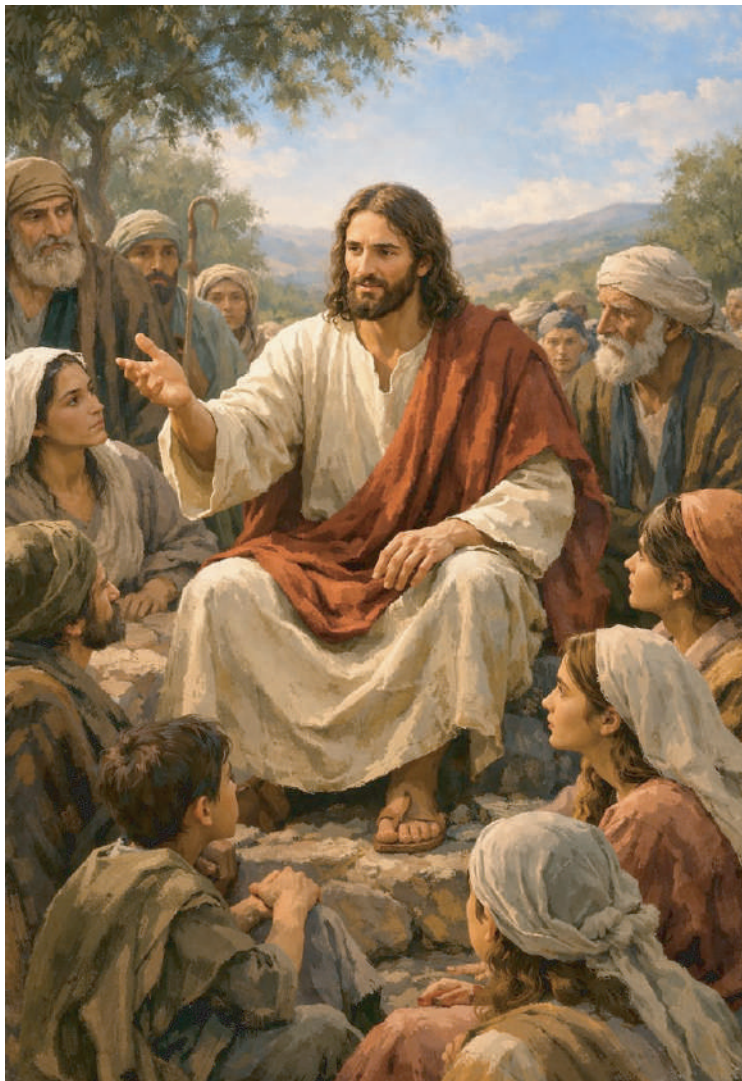
Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan

O Lord, help me, show me the way! Without you, I can do nothing. I hope all things from You. In you, O Lord, I have hoped, I will not be confounded for ever.



Prayer for Migrants and Refugees

O God, Father Almighty, grant us the grace to work tirelessly for justice, solidarity and peace, so that all Your children may enjoy the freedom to choose whether to migrate or to stay.

Grant us the courage to denounce all the horrors of our world, and to combat every injustice that mars the beauty of Your children and the harmony of our common home.

Sustain us by the power of Your Spirit, so that we can reflect Your tender love to every migrant whom You place in our path, and to spread in hearts and in every situation, the culture of encounter and of care. Amen.



POPE LEO'S PRAYER INTENTION FOR September For the Care of Water

Let us pray for a just and sustainable management of water, a vital resource, so that everyone may have equal access to it.

Follow us on  facebook

Pittwater Catholic Parish



MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

★ WEEKDAY MASSES ★

TUESDAY - 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

WEDNESDAY - 9.30 am

THURSDAY - 7.00 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

FRIDAY - 9.30 AM
FIRST FRIDAY of the Month,
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am

★ WEEKEND MASSES ★

SATURDAY VIGIL - 5.00 pm
SUNDAY
8.00 am, 10.00 am & 6.00 pm (Soul Mass)

★ **RECONCILIATION** ★
SATURDAY VIGIL
4.00 pm to 4.30 pm

★ **BAPTISM** ★
4TH SUNDAY of the Month
at 11.30 am

MARIA REGINA CHURCH
7 Central Road, Avalon

★ **WEEKDAY MASSES** ★
MONDAY - 8.00 am

WEDNESDAY - 8.00 am

THURSDAY - 10.00 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction at 9.00 am

FRIDAY - 8.00 am
FIRST FRIDAY of the Month,
Healing Mass/ Anointing of the Sick at 8.00 am

★ **RECONCILIATION** ★
Before Vigil Mass on Saturday

★ **WEEKEND MASSES** ★
SATURDAY VIGIL - 6.00 pm
SUNDAY - 9.00 am

★ **BAPTISM** ★
3RD SUNDAY of the Month
at 11.00 am

WE PRAY for

RECENTLY DECEASED

ELVY BOERSMA

DECEASED ANNIVERSARY

CARMELO IEMMA
MARE RESKOV

Prayer for the SICK

Lord, look with mercy on your servants who are sick. Bring them comfort, healing and strength.

ANNA ŚMIGOWSKA
LILY JANOSIK
SUE FRENCH
MAUREEN LARIOS
ELAINE BOYES
RON CLARKE
BARBARA CLARKE
ANNA KATANEC
OTMA NOUAK
ANGELA MILLER
PHILIP KHALIFEH
JOSEPH KHALIFEH
GEORGE AZOURY
BRUCE FARR
JAMES
JACINTA PURNELL-MAJOR
NENITA ROQUE
MARIE CELINE- MACA
NEDA CRVELIN
JESSE CATHERSIDES
MARY REILLY
NOEL REILLY
THERESE KEANE
MARTA BIZUBOVA
LIAM GAVIN
RICHARD LIM
JAMIE CONNOLLY
AMADEA LUONG
ALFRED FIELD
FRANK KELLENDONK
NAZARENO CIRILLO
GARY O'BRIEN

BOOK REVIEW

A Man for Others
Saint of Auschwitz
by: Maximilian Kolbe



This is the true account of the life of this Polish Franciscan priest who gave his life for another prisoner in Auschwitz. It is a riveting and easy read of his life journey - you won't want to put it down.



27th September
Feast Day
St Vincent De Paul

Pray for us.

LITURGY FOR THE WEEK

28/09 Monday, Ordinary
Time 26
Job 1:6-22; Lk 9:46-50

29/09 Tuesday, Sts Michael, Gabriel & Raphael
Dan 7:9-10, 13-14; Jn 1:47-51

30/09 Wednesday, St Jerome
Job 9:1-2, 14-16; Lk 9:57-62

01/10 Thursday, St Therese of the Child Jesus
Job 19:21-27; Lk 10:1-12

02/10 Friday, The Holy Guardian Angels
Ex 23:20-23; Mt 18:1-5, 10

03/10 Saturday, Ordinary
Time 26
Job 42:1-3, 5-6, 12-17; Lk 10:17-24



THE CATHOLIC PARISH OF PITTWATER GIVING

Our parish flourishes through the thoughtful care of resources and the generous commitment of our supporters. With gratitude, we thank all who help sustain our parish life, care for our Church and support the ministries that serve our community.

TO Make DONATIONS

SCAN the QR CODE below with your mobile phone camera and follow the prompts

Donations can be made weekly, fortnightly, monthly or one-off.



Areas of GIVING

First Collection

(Clergy Giving)

Second Collection

(Parish Giving)

Pastoral Works Broken Bay

All PWBB donations over \$2 are 100% tax deductible

Pastoral Works Broken Bay is the charitable outreach of our Catholic community, supporting the pastoral priorities of the Diocese. It plays a vital role in funding life changing ministries, strengthening families and nurturing parish communities across Broken Bay.

Has Your Credit Card Expired?

If you support the Parish through credit card giving, please let us know if your card details have changed or expired.

Direct Debit

You may also choose to support the Parish through direct debit. This can be set up easily and securely by contacting the Parish Office, who will arrange it for you.

Safeguarding

Catholic Parish of Pittwater

The Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering safe, caring communities for all, especially children and vulnerable people, guided by our faith in Jesus Christ.

Everyone is encouraged to provide feedback on the Diocese of Broken Bay webpage.



Diocese of Broken Bay Safeguarding
www.bbcatholic.org.au/safeguarding

Safeguarding is everyone's responsibility.

OUR PARISH SCHOOLS



Parish Bulletin- Term 3, Week 10

It has been a joyful and memorable last week of term at Mater Maria Catholic College.

This week we celebrated our Year 12 students as they completed their final days of formal schooling. Several significant events took place, including the Graduation and Presentation of Awards Assembly, Graduation Mass and Valedictory Dinner. These special celebrations provided an opportunity for students, staff and families to reflect on the friendships, achievements and experiences that have shaped their Mater Maria journey. We thank our Year 12 students for the contribution they have made to our College community and ask our parish community to continue to keep them in your prayers as they prepare for their HSC examinations.

We also ask for your continued prayers for our Year 11 students as they complete their Preliminary Examinations and prepare to commence their HSC studies next term.

Students across the College were involved in several valuable learning opportunities this week. Year 7 students participated in a Saving and Spending Money workshop, where they explored practical money management skills, different payment methods and the increasing digitisation of money. The session encouraged students to think carefully about spending habits and making informed financial decisions. Meanwhile, Year 10 students took part in the Future Leaders Program with Lighthouse Accountants. Through a range of interactive activities focused on leadership, innovation and personal growth, students developed their confidence, communication and problem-solving skills while exploring how emerging technologies can support future workplaces.

Enrolment applications are now open for Year 7 2030. Families are reminded that Year 7 2027 and 2028 are currently at capacity, with waitlists in place and Round 2 enrolment interviews for Year 7, 2029 are now taking place. Further information is available at www.matermaria.nsw.edu.au/enrolments.

We thank our parish communities for your ongoing prayers and support of our students, staff and families and we look forward to sharing more news with you as Term 4 commences.

CLOTHE YOURSELVES
WITH HUMILITY TOWARD
ONE ANOTHER, BECAUSE,
"GOD OPPOSES THE
PROUD BUT SHOWS
FAVOR TO THE HUMBLE."

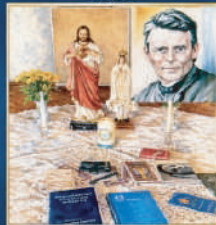
1 Peter 5:5



Sacred Heart Catholic Primary School Week 10, Term 3

What a Term it has been at Sacred Heart!
Our wonderful production of Charlie and the Chocolate Factory delighted audiences, showcasing the incredible talents of our students. From energetic Oompa Loompas and cheeky squirrels to candy men, reporters, and the unforgettable characters singing I've Got a Golden Ticket and Pure Imagination, our students absolutely shone on stage. Their confidence, enthusiasm, and teamwork were a joy to witness, and we congratulate all involved in making the musical such a tremendous success. We also gathered in faith to celebrate many Masses, Liturgies, Reconciliation, Student Retreats and Faith and Learning Walks. As we head into a two-week holiday period, we have truly had a huge term in faith, learning, and achievement. It has truly been a wonderful term filled with joy, achievement, and faith at Sacred Heart.

BLESSED FRANCIS JORDAN PRAYER GROUP



Come and spend time in prayer, reflection and devotion to our Blessed Mother and Blessed Francis Mary of the Cross Jordan as we gather together to deepen our faith and seek their loving intercession.

We warmly invite everyone to join us weekly.

**AFTER THE 9:30 AM MASS,
ON WEDNESDAYS**



PARISH MORNING TEA GATHERING

Everyone is welcome to join.

Every month after the
8 am Mass on the 1st Sunday
and after the 10 am Mass on
the 3rd Sunday at
**SACRED HEART CHURCH,
MONA VALE**

Last Sunday after the
9 am Mass
at the front of
**MARIA REGINA CHURCH,
AVALON**

PARISH DIRECTORY PITTWATER PARISH



1 Keenan Street
Mona Vale NSW 2103



9157 0999



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pp@pittwaterparish.org



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Fr Zygmunt Smigowski SDS

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ap@pittwaterparish.org



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Mobile 0421 907 469

Veronica Thomas

Mobile 0417 061 534



SACRED HEART CHURCH

1 Keenan Street, Mona Vale



MARIA REGINA CHURCH

7 Central Road, Avalon



SCHOOLS

SACRED HEART SCHOOL, Mona Vale

Tel 8197 6900

Principal: Ms Louise O'Brien

MARIA REGINA SCHOOL, Avalon

Tel 7256 2138

Principal: Ms Kirsty Thorpe

MATER MARIA CATHOLIC COLLEGE, Warriewood
Tel 7256 2100
Principal: Mr Anthony Mahoney

Public Rosary



As October quickly approaches, we warmly invite everyone to join us in praying the Public Rosary.

Let us come together in faith and unity during this special month dedicated to our Lady.

**THE NATIONWIDE ROSARY CHAIN
IS ON
SATURDAY, 10TH OCTOBER**

**9:30 AM MASS FOLLOWED BY THE
ROSARY PRAYER AT 10 AM
SACRED HEART CHURCH, MONA VALE**

CatholicCare
DIOCESE OF BROKEN BAY
CENTRAL COAST, NORTH SHORE & NORTHERN BEACHES

THANK YOU to all

Parishioners of Pittwater Parish

I would like to express my sincere thanks for supporting CatholicCare's Homelessness Week fundraiser in August. Your parish raised a total of \$3,513.00, which will allow us to continue supporting some of the most vulnerable people in our Diocese.

We know this has been a difficult year for so many families, with the cost of living weighing heavily on households right across our community. That so many of your parishioners chose to give, even while managing your own pressures, speaks to the depth of generosity within our parishes, and we are deeply grateful for it.

Across the Diocese, parishes raised over \$77,000.00 for this year's appeal which is a wonderful result.

We have now processed your donations and have issued receipts where requested.

We provide a woman's refuge, transitional accommodation options, young parents' homelessness services and street sleeping outreach supports. We also operate Dom's Place in Hornsby and Mary Mac's in Woy Woy, where people who are homeless or transient can connect with others over a meal and access pathways to homelessness support services and health assistance. Without your generosity, CatholicCare would need to turn many people away.

Yours in Christ,

Angela Whitby,
General Manager, Homelessness & Family Service

Order Your 2027 Daily Mass Book



Price
\$33

Parishioners are invited to order their copy of the 2027 Daily Mass Book.

Please place your order by
Friday 23rd October 2026.

✧ Orders through the Parish Office. ✧

A deeper encounter with Christ each day.



29 SEPTEMBER

Feast Day of the Archangels

SAINTS

MICHAEL, GABRIEL & RAFAEL

Pray for us.



You are invited to the inaugural Women of Broken Bay Lunch. A special afternoon bringing women from across the Diocese together for connection, conversation and inspiration.

Join us for a delicious two-course lunch, wonderful company and an inspiring keynote address from Mrs Kelly Paget, as we explore the theme "Called to Lead: A Journey of Faith, Family and Community."

Come along with friends, colleagues or fellow parishioners and enjoy an opportunity to meet other women from across Broken Bay Diocese and beyond, share stories and build new connections.

Most importantly, your attendance will help support the Cathedral Precinct Project contributing to a lasting place of faith, community and service for future generations.

Limited seats are available, so book today and invite the women in your parish, workplace, family and friendship circles to join you.

Date: Wednesday 28 October 2026
Time: 11:30am arrival, 12:00pm start – 2:00pm

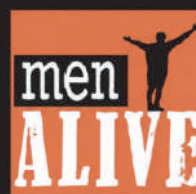
Seats are limited – book today:
<https://www.trybooking.com/au/event/women-of-broken-bay-lunch2026-1630835>



A Call to Prayer for Peace
 All parishioners are warmly invited to join us for this special gathering. Let us come together in faith and unity as we lift our hearts in prayer. We will begin with a time of fellowship and nourishment, followed by the recitation of the Holy Rosary as we intercede for peace in the world, in our communities and in our hearts.

Please **RSVP by Wednesday, 21st October** for catering purposes.

Contact the Parish Office on 9517 0999 or write your name on the Sign Up sheet at the back of the Church.



WE MEET
 First & Third Tuesday of every Month at 7 pm



SACRED HEART PARISH CENTRE

A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & great need in the life of the Catholic Church.

ALL MEN ARE WELCOME



JOIN US – MEN'S FAITH GATHERING

We warmly invite all men of our parish & community to come together at 7:00 pm for an informal & faith-filled evening of conversation, reflection & brotherhood.



For any questions, contact
Joe Cilia 0418 863 814



The *Living* Word

Entrance Antiphon

Daniel 3:31,29,30,43,42

All that you have done to us, O Lord, you have done with true judgement, for we have sinned against you and not obeyed your commandments. But give glory to your name and deal with us according to the bounty of your mercy.

First Reading

Ezekiel 18:25-28

A reading from the prophet Ezekiel

The sinner who decides to turn against sinfulness deserves to live.

The word of the Lord was addressed to me as follows: 'You object, "What the Lord does is unjust." Listen, you House of Israel: is what I do unjust? Is it not what you do that is unjust? When the upright man renounces his integrity to commit sin and dies because of this, he dies because of the evil that he himself has committed. When the sinner renounces sin to become law-abiding and honest, he deserves to live. He has chosen to renounce all his previous sins; he shall certainly live; he shall not die.'

The word of the Lord

Responsorial Psalm

Ps 24:4-9. R. v.6

(R.) Remember your mercies, O Lord.

Lord, make me know your ways. Lord, teach me your paths. Make me walk in your truth, and teach me: for you are God my saviour. (R.)

Remember your mercy, Lord, and the love you have shown from of old. Do not remember the sins of my youth. In your love remember me, because of your goodness, O Lord. (R.)

The Lord is good and upright. He shows the path to those who stray, he guides the humble in the right path; he teaches his way to the poor. (R.)

Second Reading

Philippians 2:1-11

A reading from the letter of St Paul to the Philippians

For me to live is Christ.

If our life in Christ means anything to you, if love can persuade at all, or the Spirit that we have in common, or any tenderness and sympathy, then be united in your convictions and united in your love, with a common purpose and a common mind. That is the one thing which would make me completely happy. There must be no competition among you, no conceit; but everybody is to be self-effacing. Always consider the other person to be better than yourself, so that nobody thinks of his own interests first but everybody thinks of other people's interests instead. In your minds you must be the same as Christ Jesus: His state was divine, yet he did not cling to his equality with God but emptied himself to assume the condition of a slave, and became as men are; and being as all men are, he was humbler

yet, even to accepting death, death on a cross. But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.

The word of the Lord.

Gospel Acclamation

John 10:27

Alleluia, alleluia!

My sheep listen to my voice, says the Lord; I know them, and they follow me. *Alleluia!*

Gospel

Matthew 21:28-32

A reading from the holy Gospel according to Matthew

He went out moved by regret. The tax collectors and prostitutes will precede you into the kingdom of God.

Jesus said to the chief priests and the elders of the people, 'What is your opinion? A man had two sons. He went and said to the first, "My boy, you go and work in the vineyard today." He answered, "I will not go," but afterwards thought better of it and went. The man then went and said the same thing to the second who answered, "Certainly, sir," but did not go. Which of the two did the father's will?' 'The first' they said. Jesus said to them, 'I tell you solemnly, tax collectors and prostitutes are making their way into the kingdom of God before you. For John came to you, a pattern of true righteousness, but you did not believe him, and yet the tax collectors and prostitutes did. Even after seeing that, you refused to think better of it and believe in him.'

The Gospel of the Lord.

Communion Antiphon

Psalm 118:49-50

Remember your word to your servant, O Lord, by which you have given me hope. This is my comfort when I am brought low.

REFLECTION

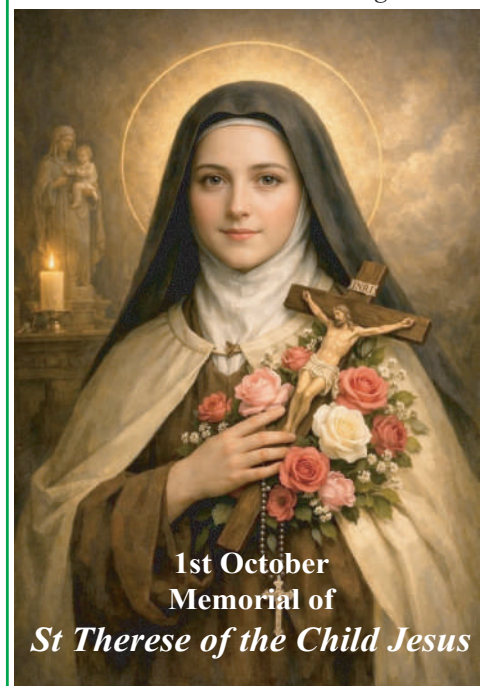
by Dianne Bergant

In every life there is a struggle between obedience and disobedience, and this struggle takes various twists and turns. At times we are willing to conform to regulations set from the outside, and at times we are not. We are invited to choose in favour of the reign of God, or we are free to ignore the invitation. Those who are fundamentally righteous sometimes fall from grace, and people considered evil to the core sometimes reform their lives. What ultimately counts

are not the promises made, but the actions taken.

We are called to discipleship, and there may well be urgency in this call, but it is an invitation that is to be accepted freely. As is the case with life itself, options are placed before us all the way along the road. We are invited to choose in favour of the reign of God, or we are free to ignore the invitation. However, the invitation always remains open to us, because God's desire for our acceptance is persistent and enduring. The real choice set before us today is the imitation of Christ. The specific characteristic of Christ today is his humility. Since demanding one's rights can undermine the loving quality of community, Jesus' humility is offered for our imitation. It is very clear that whichever aspect of discipleship we examine, some aspect of community is also present. To be a disciple of Jesus is to follow him humbly as a member of a believing community.

© Dianne Bergant CSA



1st October
Memorial of

St Thérèse of the Child Jesus



Pride says,
"I know better."

Humility says,
"Lord, lead me."

James 4:10

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(SCHOOL TERM)

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